

HOLIDAY FOOD BOX SUGGESTIONS

Women's Shelter Program of San Luis Obispo County

For any questions, call (805) 781-6401

Deliver Gifts to: 51 Zaca Lane, Suite 150, San Luis Obispo; Open M-F 9am-5pm

We would like to thank you again for your interest in helping us make the holidays a little brighter for our women and their families.

The holidays can be difficult for our clients and their children. We appreciate your interest in helping to provide a holiday meal. Here are some suggestions of what can be put into a food box. Feel free to be creative as well. One suggestion is to put the food supplies in a laundry basket that the family can then use.

ALUMINUM FOIL	OIL
BEANS (DRIED OR CANNED, CHILI, RANCH, BAKED)	OLIVES
BOXED CEREAL	ONIONS (DRIED OR FRESH)
CANNED VEGETABLES	PAPER TOWELS
CLEANING SUPPLIES	PASTA
CRANBERRY SAUCE	PEANUT BUTTER
DEODORANT	PICKLES
DISH SOAP	PIE CRUST
DRESSING/STUFFING	POTATOES (DRIED OR FRESH)
FEMININE PRODUCTS	PUMPKIN
FLOUR	RICE
FOOD GIFT CERTIFICATES	ROASTING PANS (DISPOSABLE)
GRAVY	SALT & PEPPER
HAM	SOAP
JELLY	SUGAR
JUICE (CANNED OR BOXED)	TOILET PAPER
KETCHUP	TOMATO PASTE OR SAUCE
LAUNDRY DETERGENT	TOOTH BRUSH
MACARONI & CHEESE	TOOTH PASTE
MASA	TUNA
MAYONNAISE	SHAMPOO & CONDITIONER
MUSTARD	SOUPS
OATMEAL	YAMS
	ZIP-LOCK DISPOSABLE CONTAINERS

