



Intimate Partner Violence 101

www.womensshelterslo.org

This curriculum is designed as a basic lesson plan about Intimate Partner Violence utilizing the Women's Shelter Program of San Luis Obispo's (WSP) website. After reading various sections of the website and watching numerous short videos, students will apply their knowledge of Intimate Partner Violence to various real-world scenarios. If you are an instructor and would like the Instructor Notes that accompany this lesson, please email Jill Powell at jpowell@wspslo.com.

Section 1: Get Informed

- Go to the WSP website at www.womensshelterslo.org
- Across the top of the page are various headings including *Home*, *About Our Agency*, etc. Choose *Get Informed* and scroll down to the section titled *Intimate Partner Violence 101*. Please read this section.
- Staying under the *Get Informed* heading, click on the section titled *Cycle of Abuse*. Please read this section and watch the accompanying short video (4 minutes and 15 seconds) at the bottom of this section.
- Still under the *Get Informed* heading, click on the section titled *Root Causes of IPV*. Please read this section and watch the accompanying short video (1 minute and 20 seconds) at the bottom of this section.
- Lastly for this heading, click on and read the section titled *Why Does She Stay*.

Section 2: Home

- Now that you know the basics regarding Intimate Partner Violence, click on the heading titled *Home*. Please read the Mission Statement and watch the accompanying short video (1 minute and 18 seconds).

Section 3: Our Services

- Please choose the heading titled *Our Services*. Please read the following four sections under this heading including *Legal Assistance*, *Counseling*, *Case Management*, *Emergency Shelter*. In addition, please watch the video that accompanies the *Emergency Shelter* section.

Section 4: Get Help

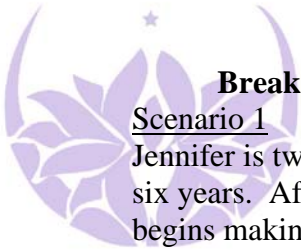
- Please choose the heading titled *Get Help*. Read the two sections titled *For Yourself* and *For a Friend*.

Section 5: Get Involved

- Finally, choose the heading titled *Get Involved*. Please read the sections titled *Internships* and *Volunteers*.

Now that you have read about Intimate Partner Violence, WSP, the Services available, and how you can Get Involved, please complete the activity titled, "Breaking the Cycle of Intimate Partner Violence: Real-World Scenarios."

Intimate Partner Violence 101



Breaking the Cycle of Intimate Partner Violence: Real-World Scenarios

Scenario 1

Jennifer is twenty-four with two children, ages 6 and 4. She has been married to Dan for six years. After looking at the clock and realizing it was 5:15pm, Jennifer frantically begins making dinner. When Dan returns home from work and does not see dinner on the table, he begins yelling at her calling her a “fat slob” and “stupid loser.” Jennifer immediately signaled with her hand for her two children to go to their rooms. When Jennifer didn’t verbally respond to his comments but continued to prepare dinner, Dan grabbed the pot of food off the stove and threw it against the kitchen wall. He then took Jennifer’s wallet and car keys and stormed out of the house. The next morning Dan returns home with flowers for Jennifer and promises he will never act that way again.

- 1. What types of abuse are present in this scenario?**
- 2. What stages of the Cycle of Abuse are present in this scenario?**
- 3. What services, if any, are Jennifer and her children eligible for?**
- 4. Why does Jennifer stay with Dan?**

Scenario 2

Jean and Nancy are partners who have lived together for the past 8 years. Nancy refuses to allow Jean to work outside the home. All financial matters are controlled by Nancy, and she gives Jean a small weekly allowance for personal items. Jean recently enrolled in college classes so that she could get a “good job” in the future. Upset, Nancy destroyed Jean’s college textbooks and ordered her to quit college yelling that “she is too stupid to go to college and is wasting Nancy’s hard-earned money.”

- 1. Is Jean a victim of Intimate Partner Violence? If so, what types of abuse are present?**
- 2. What services, if any, is Jean eligible for?**